3 ABSTRACT OF THE DISCLOSURE

An athletic shoe protection system for effectively protecting the cleats and spikes of athletic shoes while worn by an athlete. The athletic shoe protection system includes an insert member having a thermoplastic layer attached to a foam layer. The insert member is formed to be inserted within a sandal member. The user heats the thermoplastic layer to a soft state and then presses the gripping members of an athletic shoe into the thermoplastic layer and the foam layer which conform to the gripping members creating recessed portions. The user then allows the thermoplastic layer to cool into a hard state and then inserts the insert member into a sandal member. The user may then insert the athletic shoe into the sandal member with the gripping members fitting within the recessed portions of the thermoplastic layer.